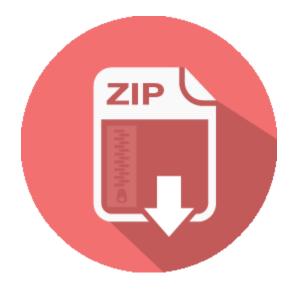
BLOOD PRESSURE IS HIGH



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Blood Pressure What is high blood pressure

You probably have high blood pressure (hypertension) if your blood pressure readings are consistently 140 over 90, or higher, over a number of weeks. You may also have high blood pressure if just one of the numbers is higher than it should be over a number of weeks.

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Blood Pressure Blood pressure chart

140 over 90 (140/90) or higher (over a number of weeks): You may have high blood pressure (hypertension). Change your lifestyle - see your doctor or nurse and take any medicines they may give you. More on high blood pressure; So: if your top number is 140 or more - then you may have high blood pressure, regardless of your bottom number.

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High Blood Pressure Hypertension MedicineNet

High blood pressure or hypertension is a condition in which pressure in the blood vessels is higher than it should be. Blood pressure is measured as two readings, systolic and diastolic. Normal blood pressure is 120/80. New guidelines state that blood pressure between 120/80 and 129/80 is elevated, and 130/80 is high.

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High blood pressure hypertension NHS

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We answer the main questions surrounding high blood pressure and explore what you can do to reduce it The strength of this pushing is your blood pressure. Here is what a normal reading should be

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High Blood Pressure National Heart Lung and Blood

High blood pressure is a common disease in which blood flows through blood vessels, or arteries, at higher than normal pressures. Blood pressure is the force of blood pushing against the walls of your arteries as the heart pumps blood.

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Blood pressure Wikipedia

Blood pressure (BP) is the pressure of circulating blood on the walls of blood vessels. Used without further specification, "blood pressure" usually refers to the pressure in large arteries of the systemic circulation.

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Hypertension Wikipedia

High blood pressure typically does not cause symptoms. Long-term high blood pressure, however, is a major risk factor for coronary artery disease, stroke, heart failure, atrial fibrillation, peripheral vascular disease, vision loss, chronic kidney disease, and dementia.

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High Blood Pressure nia nih gov

Read about high blood pressure or hypertension. Learn how changes in lifestyle like getting more exercise and having less salt may help control it.

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High Blood Pressure Hypertension Information cdc gov

High blood pressure is a common and dangerous condition. Having high blood pressure means the pressure of the blood in your blood vessels is higher than it should be. But you can take steps to control your blood pressure and lower your risk of heart disease and stroke. About 1 of 3 U.S. adults or

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High Blood Pressure pcrm org

High blood pressure, or hypertension, wreaks havoc on the heart and kidneys. It s also linked to heart disease, stroke, and diabetes. Carrying excess weight tends to raise the risk of developing high blood pressure, as the heart must work harder to pump blood around the body.

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